

Feb-14

Katie Laybourn

A

Favourite thing in all the world?

Swimming and going on holiday

Favourite music artist or band?

Sting

Favourite food?

Dads Lamb Hotpot

Things that you like to do?

Different sports

Who do you admire the most?

Michael Phelps

What do you do when you are not swimming?

School, going out with friends, and Guides

Favourite place to be?

BED!!

Favourite TV programme?

Coronation Street

Favourite celebrity / famous person?

Robert Downey Jnr

What annoys you the most?

When Joe says he's a better swimmer... And Ian agrees!

Things I'm good at?

Streamline, Fly and Frontcrawl

Things I need to practice more?

Turns and backstroke

Favourite training set?

400's fast and 75's fast

Favourite stroke?

Fly and Free

Least favourite set?

30x 100's off 1:30

Least favourite stroke?

Breaststroke

Biggest achievement so far?

Getting my National Time for 100 free

Swimming ambitions?  
(12 month)

To try and get another national time

Swimming ambitions?  
(Life time)

To reach the Olympics

Why do you think you won swimmer  
of the month?

I think it's because I achieved my National Time

Anything else you would like to add?

My inspiration in my brother Joseph!