

Sep-13

Rachel H

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Favourite thing in all the world?

Swimming, Holidays and Home

Favourite music artist or band?

Avichi

Favourite food?

Pasta, Risotto and Ice Cream

Things that you like to do?

Swimming, Netball and be at home

Who do you admire the most?

George Lucas, Jemma Lowe, Torville and Dean

What do you do when you are not swimming?

Stay at home and relax, watch Star Wars

Favourite place to be?

Home, or in a pool (preferably on Holiday!!)

Favourite TV programme?

Dancing on Ice, and You've Been framed

Favourite celebrity / famous person?

Keith Lemon, Ant & Dec, and David Walliams

What annoys you the most?

Shopping, fussy people

Things I'm good at?

Backstroke and Frontcrawl

Things I need to practice more?

Fly

Favourite training set?

50 Back

Favourite stroke?

Backstroke (and Frontcrawl)

Least favourite set?

200m front kick

Least favourite stroke?

Fly

Biggest achievement so far?

Swimmer of the Month, and winning Junior League

Swimming ambitions?
(12 month)

Beat all my PB's, and keep enjoying swimming

Swimming ambitions?
(Life time)

Teach yougster to swim

Why do you think you won swimmer
of the month?

Hardwork and attendance

Anything else you would like to add?

NO!!